



ASPO Junior Members Career Development Seminars
For Junior Faculty, Junior Researchers, and Trainees
41st Annual Meeting – March 11-14, 2017
Grand Hyatt Hotel, Seattle, WA

A Roadmap to Academic and Research Environments: Identifying and Choosing the Best Fit for your Career Goals

Sunday, March 12, 2017 12:00 – 1:20 PM

Co-Chairs: Scherezade K. Mama, DrPH and Maria C. Swartz, PhD, MPH, RD

Research careers happen in a variety of settings, ranging from undergraduate or graduate academic institutions to medical schools and research institutions. Choosing an academic or research institution that best fits for your career goals is especially important for early career professionals and can be challenging. This interactive session will include professional development activities and a panel discussion to provide lived experiences of panelists on choosing an academic or research environment that fits you and your career objectives. Participants will first complete a worksheet to describe who they are, their career objective(s), and what is important to them in their research/academic environment. The interactive exercise will be followed by a panel discussion with speakers from a variety of institutions and settings who will share their experiences within those institutions and their decision making process for selecting an academic environment. Participants will have the opportunity to reflect on their values and identify an academic environment that best fits their overarching values and career objectives. Speakers will end the session by providing practical advice on how to work within the constraints of their environments.

NCI Funding Opportunities for Junior Investigators

Sunday, March 12, 2017 1:20-1:40 pm

Speaker: Ming Lei, PhD, Deputy Director, Center for Cancer Training, and Branch Chief, Cancer Training Branch, NCI

The complex assortment of NIH awards that support the training and career development of early career stage investigators can be bewildering. This presentation will provide a brief introduction to funding mechanisms offered by the NCI Cancer Training Branch, including Fellowships, Mentored Career Development Awards, and Transition Awards.

Resilience for the Junior Investigator

Sunday, March 12, 2017 1:40 – 2:45 PM

Chair: Alicia Best, PhD, MPH

Co-Chair: Alexandra White, PhD

Burnout is a common occurrence among professionals in academic, clinical, and other research environments due to funding and income expectations, competing demands, and related stressors. During the 2016 ASPO meeting, the Junior Members hosted a session to help participants understand and identify symptoms of burnout. Building on the previous session, this workshop will guide participants through a series of resilience exercises to help manage and overcome stressors in their work and home lives. Finally, a panel of three to four mid and/or senior career scientists will discuss their own experiences dealing with and coming back from stress and burnout, allowing for questions from the audience.

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| <p>• These seminars are open to any interested meeting attendees •
No pre-registration is necessary</p> |
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ASPO Junior Membership is a forum and infrastructure to new and junior cancer prevention scientists that bridges all disciplines within cancer prevention, including epidemiology, behavioral science and clinical cancer prevention. Our mission is to: 1) Enhance research collaborations between junior cancer prevention scientists, 2) Recruit people into cancer prevention research and intervention, 3) Provide a professional network among junior cancer prevention scientists, 4) Provide professional development seminars and training to enhance career development of junior cancer prevention scientists, 5) Provide information about resources available to junior cancer prevention scientists, 6) Provide peer mentoring, and 7) Provide an infrastructure for mentoring by senior ASPO members. For more info, please contact Hazel Nichols, PhD, at hazel.nichols@unc.edu.